

PLYMOUTH CITY COUNCIL

Subject: Tackling Physical inactivity in Plymouth; update
Committee: Health and Wellbeing Board
Date: 7 March 2019
Cabinet Member: Councillor Ian Tuffin
CMT Member: Ruth Harrell (Director of Public Health)
Author: Ruth Harrell (Director of Public Health)
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Ref:

Key Decision: No (report for noting only)

Part: I

Purpose of the report:

This report provides an update to the Board on physical inactivity in Plymouth and the steps being taken to tackle this. The report will be supplemented by a verbal summary following a partnership Physical Activity Workshop being held on 27th February.

Corporate Plan:

Tackling physical inactivity is part of Thrive Plymouth, the city's plan for reducing inequalities and helping to ensure that 'an outstanding quality of life is enjoyed by everyone'

Implications for Medium Term Financial Plan and Resource Implications: Including finance, human, IT and land:

There are no additional resource implications for the council with regards to this report.

Other Implications: e.g. Child Poverty, Community Safety, Health and Safety and Risk Management:

None

Equality and Diversity:

Has an Equality Impact Assessment been undertaken? No but as the report details, a key element of our work is understanding and helping to overcome the barriers to physical activity identified in specific groups.

Recommendations and Reasons for recommended action:

The report is for noting only.

Alternative options considered and rejected:

The report is for noting only.

Published work / information:

Background papers: No linked background papers – content provided in attached report

Title	Part I	Part II	Exemption Paragraph Number						
			1	2	3	4	5	6	7

Sign off: Report for noting only – sign off not required

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Originating SMT Member Ruth Harrell (Director of Public Health)													
Has the Cabinet Member(s) agreed the content of the report? Yes													